



My Emotions Jar

This year, we have thought about how to show and manage our emotions. We have used our emotions jars to represent how we feel, using different colours. You might want to use the colours below to show others how you feel. You might not want to talk about how you're feeling, but this activity might help you to understand how you are feeling.

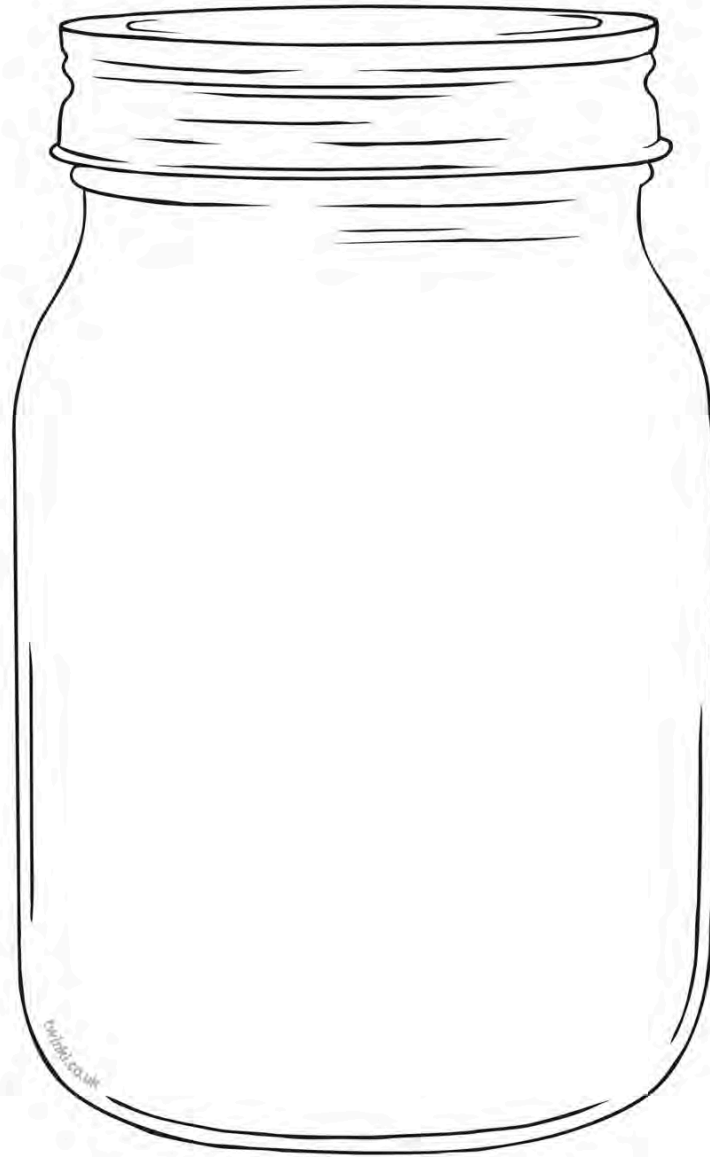
You might want to use...

- Yellow for if you're feeling happy.
- Purple for if you are feeling worried or scared.
- Red for if you are feeling angry or cross.
- Blue for if you are feeling sad or upset.
- Pink for if you are feeling excited!

You can always add more emotions to this list, and represent them with your own choice of colour.

You can see an example of an emotions jar here; you might even want to label the different emotions you have recognised. You could even have a think about how you could manage these emotions in different ways, like giving your grown up a big cuddle, doing some drawing or talking to someone you trust.

My Emotions Jar



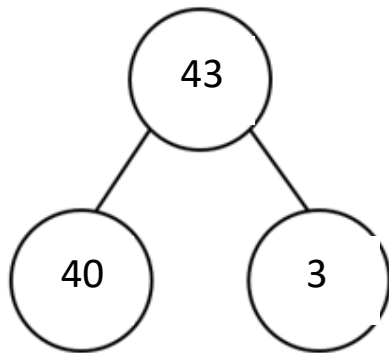
Maths

Partitioning in different ways

Step 1- Partitioning

Partitioning is the process where we can 'break up' a number into smaller, or different units. This allows us to understand the true value of a number.

Our first step in partitioning is to partition 'break up' a number into tens and ones like this:



We can then make number sentences to represent what we have done.

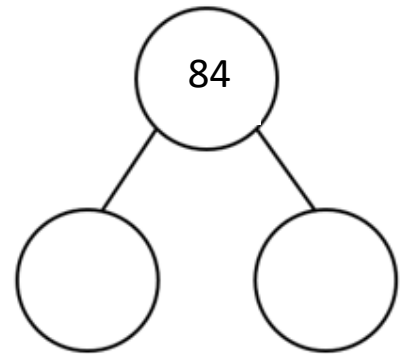
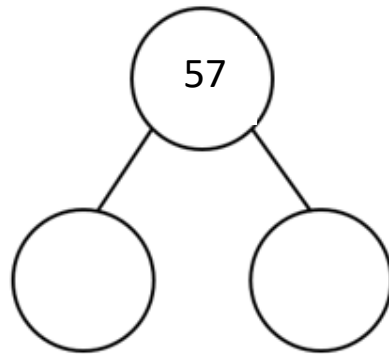
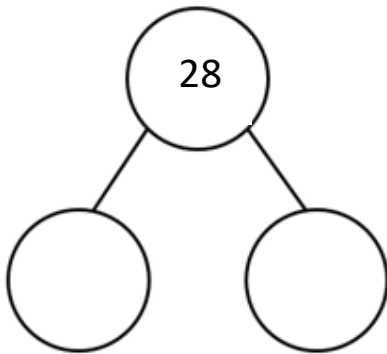
$$43=40+3$$

$$43= 3+40$$

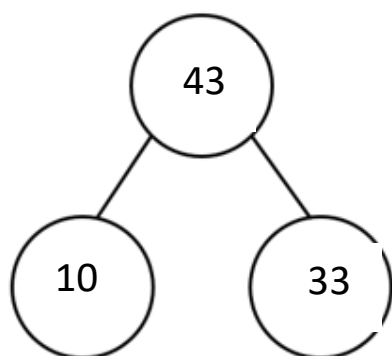
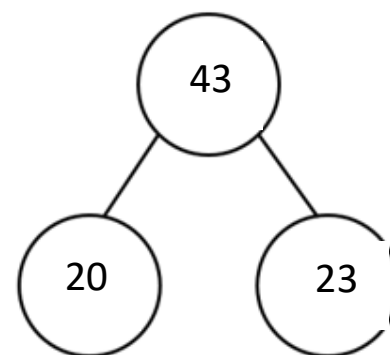
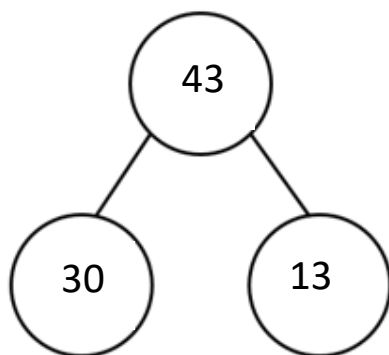
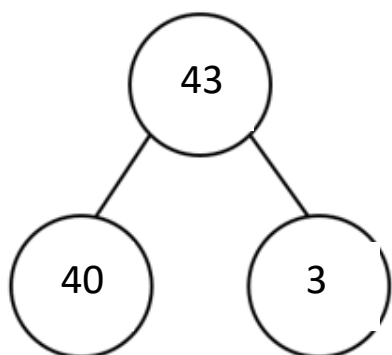
$$43-3=40$$

$$43-40=3$$

Have a go at partitioning these numbers and see if you can find 4 number sentences to show this (2 addition and 2 subtraction). Remember, when you are working out your subtraction number sentences, you must always start with the whole (greatest) number. Tip- you can use the dienes to help you!



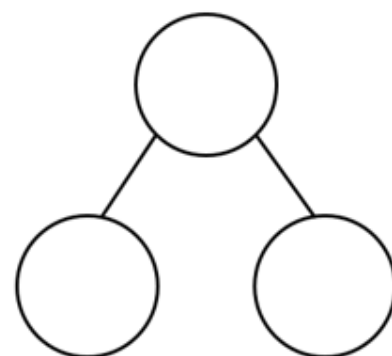
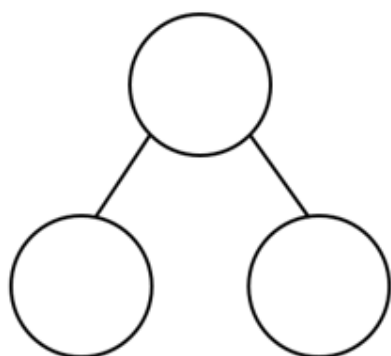
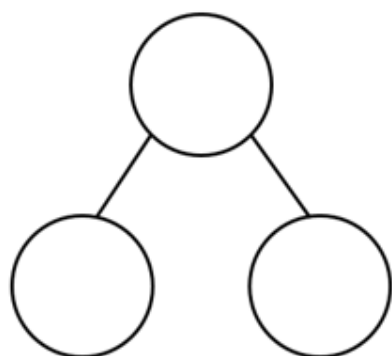
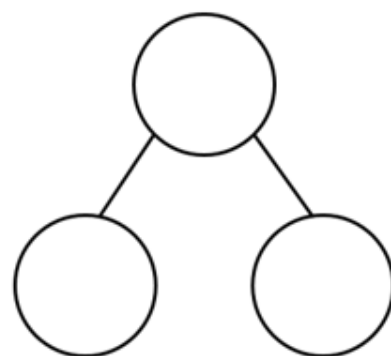
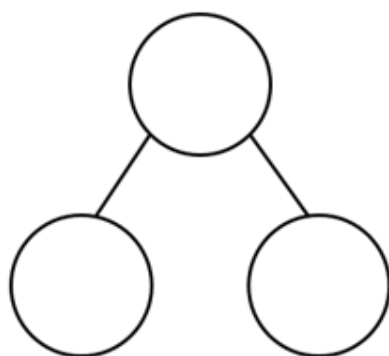
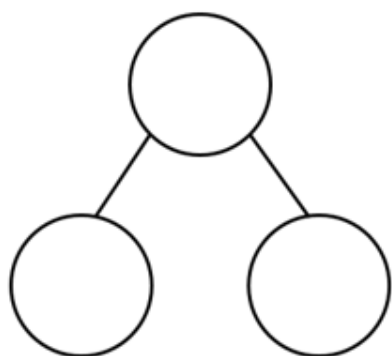
Step 2: Now that you understand how to partition your 2-digit number into tens and ones, you can experiment with partitioning in different ways. This can be different combinations of tens and ones. One easy way to do this is to do it systematically, this means you are working it out in a logical order to make sure that you get all of the ways. For example, with 43, I start with all of my tens together and all of my ones together when I partition. For my next step, I take away one ten from 40 to leave 30 and add this to my 3 to make 13.

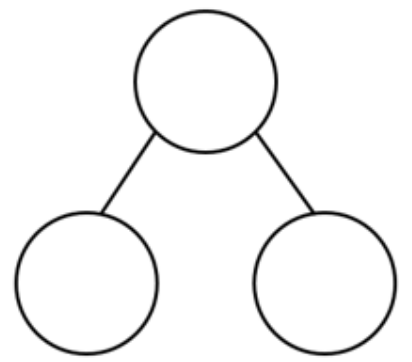
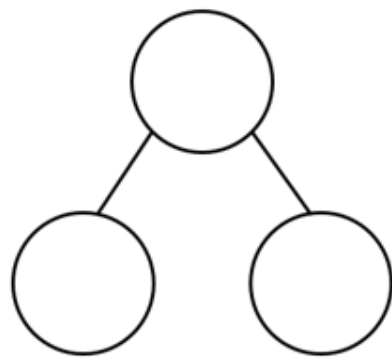
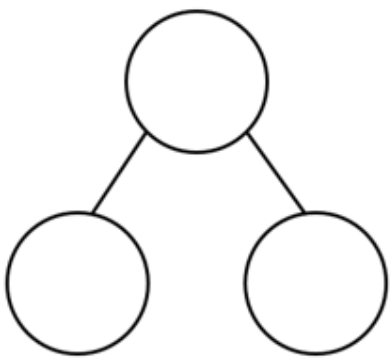
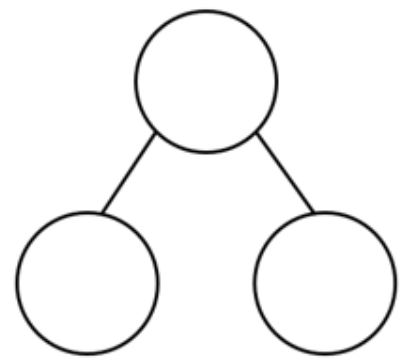
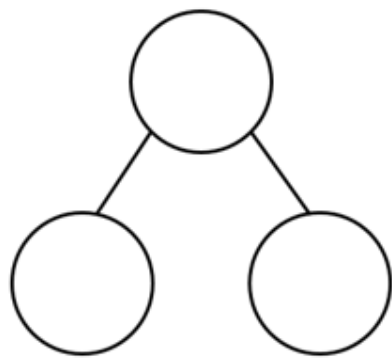
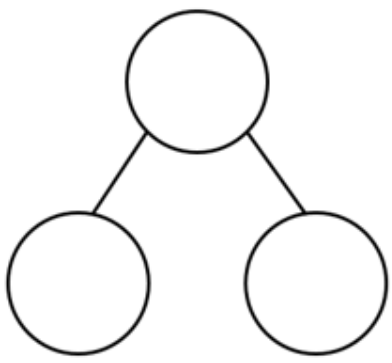
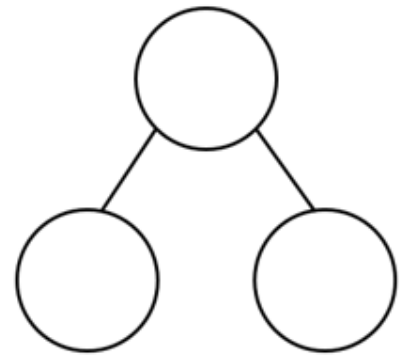
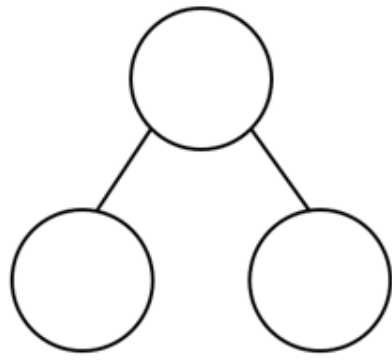
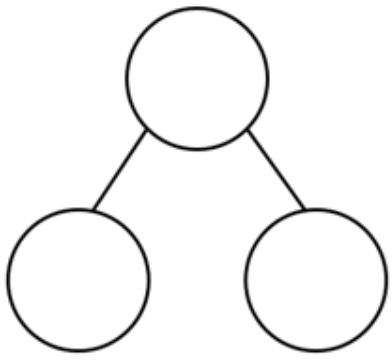


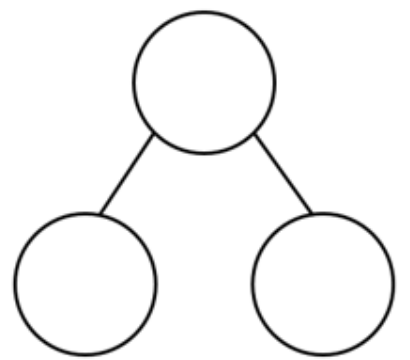
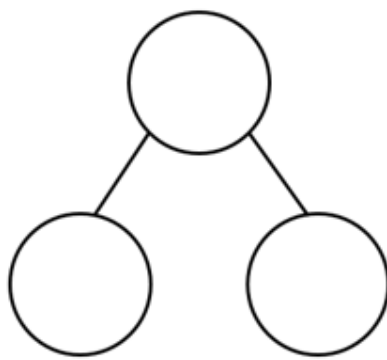
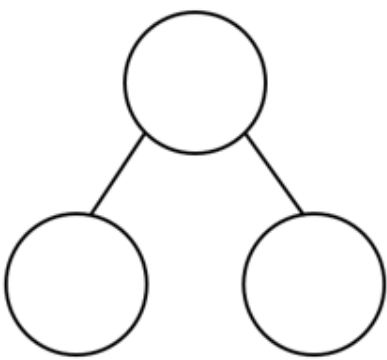
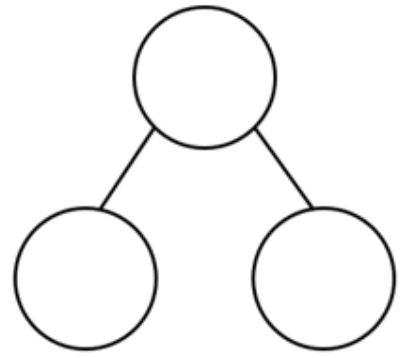
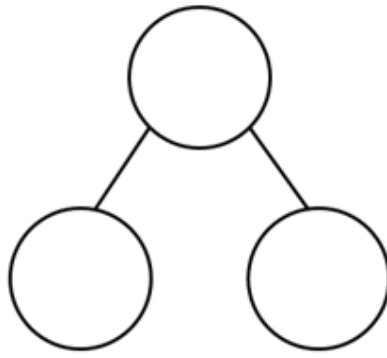
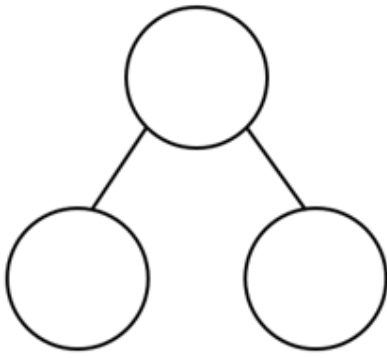
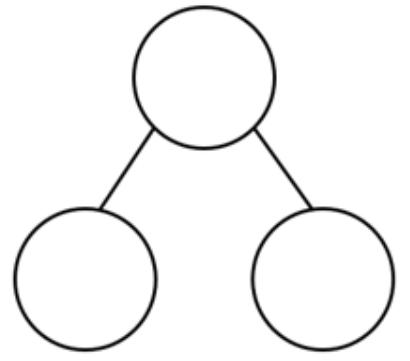
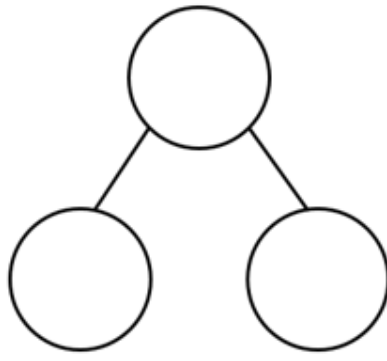
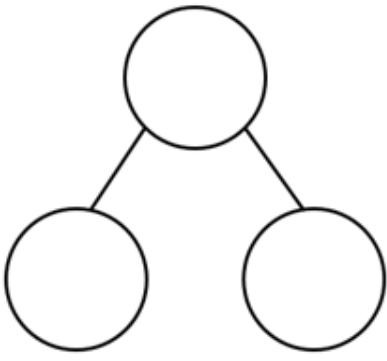
I have worked through these systematically to find all the different combinations of partitioning 43. However, you could find more if you now began to change the combinations of ones so that both sides have ones. The possibilities are endless!

Have a go at writing the calculations to go along with these.

Here are some blank part whole models that you can use. Choose a number and see if you can find all the different ways to partition it. Tip- you can use the dienes in the work pack to help you!







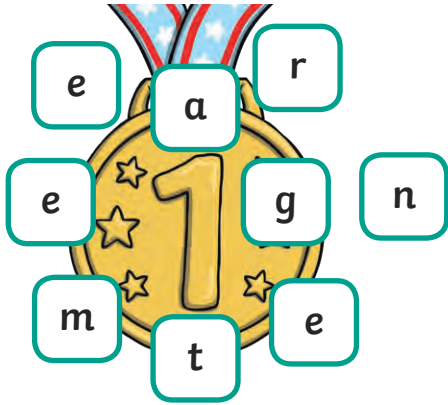
Medal Muddle

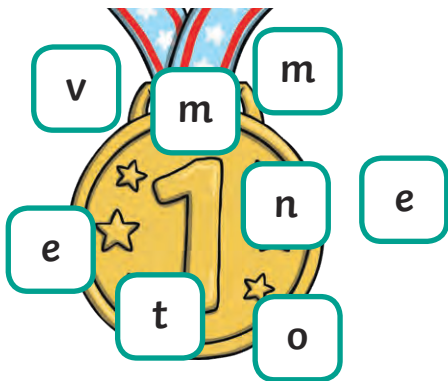


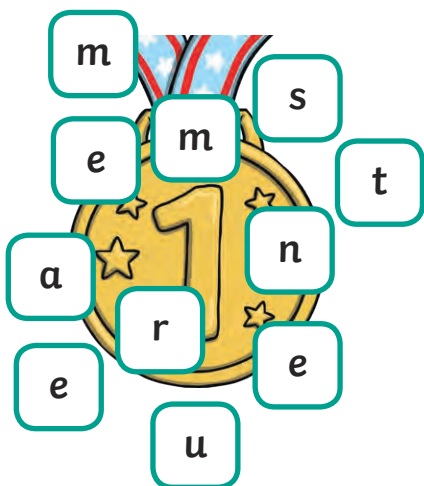
Level 6

The letter on the medals have been muddled up!

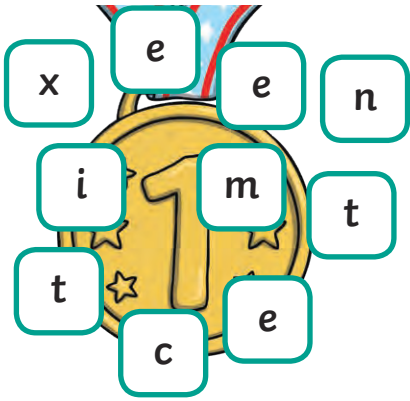
Can you use the letters to spell a word to match the picture?



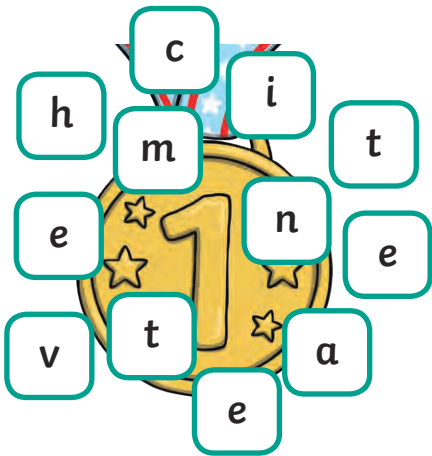














Challenge

Write a sentence using one of the unscrambled words.

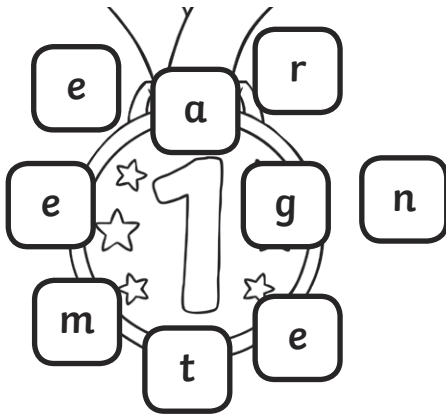
Medal Muddle Answers



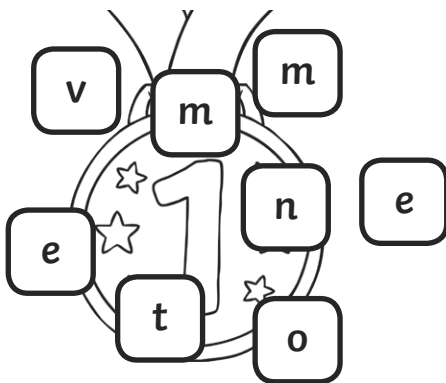
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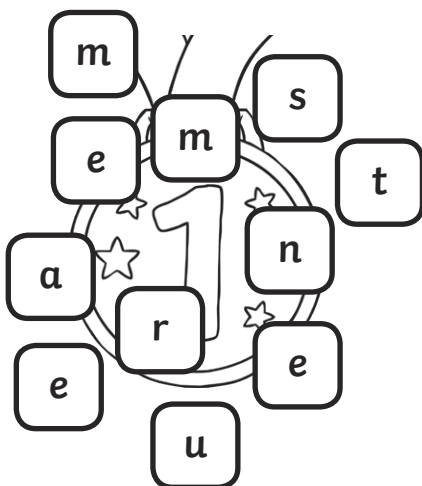
Can you use the letters to spell a word to match the picture?



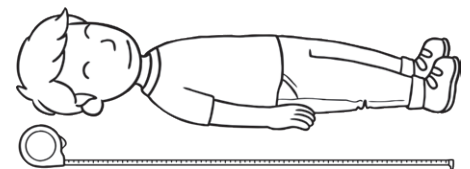
agreement

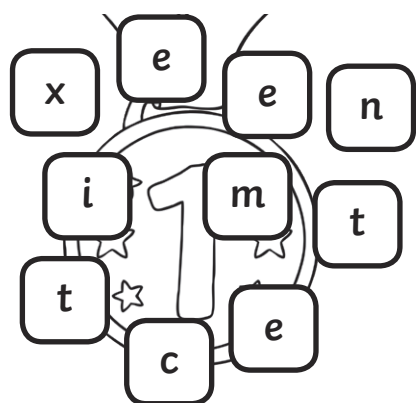


movement

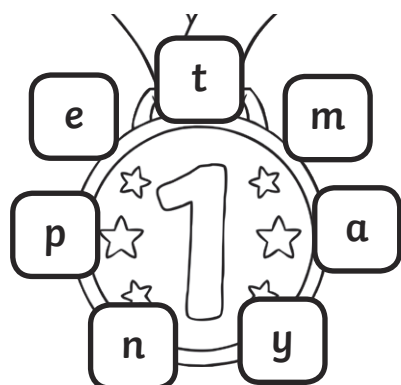


measurement

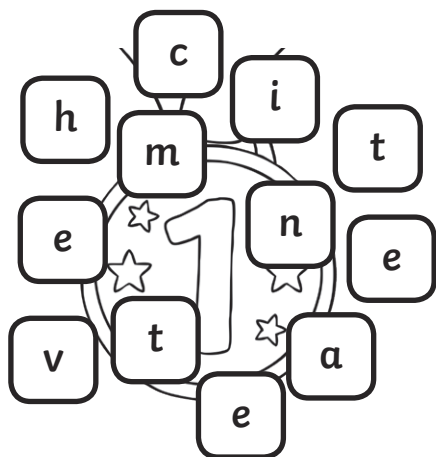




excitement



payment



achievement



Wreath Cut and Stick



Level 6

Cut out the words and stick them on the wreaths to match the pictures.



coldness	happiness	punishment
dizziness	tidiness	argument

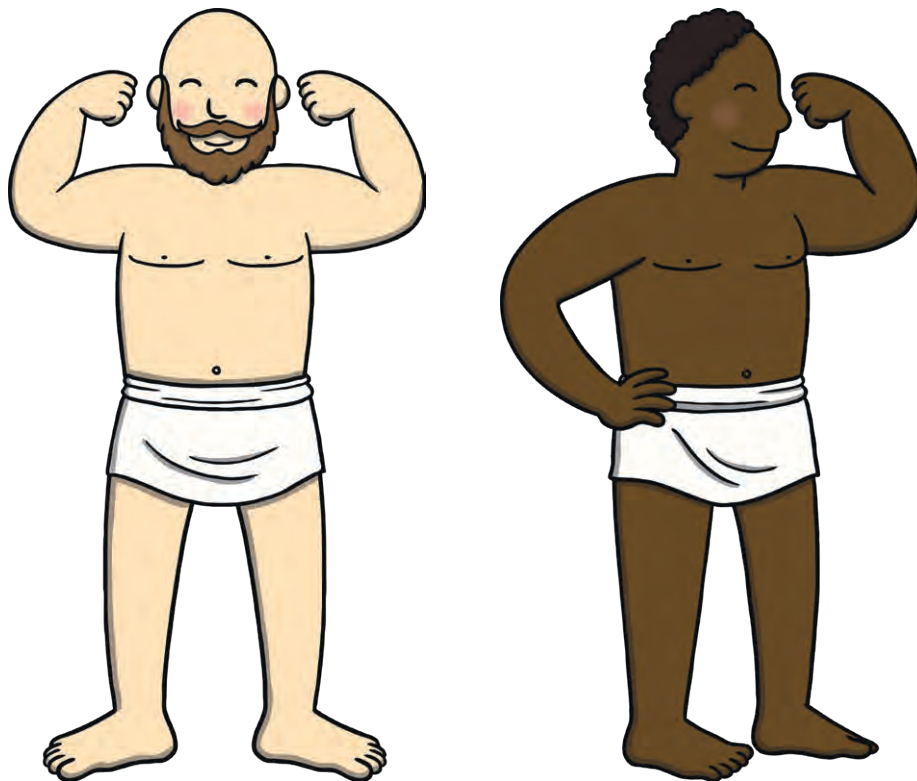
Challenge

Correct the spellings of the -ness and -ment words in these sentences.

The crowd cheered with merrym~~ent~~ as the athletes threw the javelin.

The athletes were at the peak of their fitt~~nes~~.

It is a great achiev~~ment~~ to win at the Games.



Phonics

In our phonics lessons this week we are continuing to explore suffixes. A suffix is a letter or group of letters that we add to a root word to change the meaning of the word. e.g joy (root word) becomes joyful (when the suffix -ful is added).

-ment

When we add the suffix -ment to a root word, it changes the root word from a verb (an action word) into a noun (a naming word). We just need to add -ment to a root word when forming the new word.

For example:

I **enjoy** baking cakes.

I get lots of **enjoyment** from baking cakes.

-ness

When we add the suffix -ness to a root word, it changes the root word from an adjective (a describing word) into a noun (a naming word). There are some rules that we need to follow when we add -ness. Can you spot the example below? We may need to change a y for an I and add ness.

For example:

I am **happy** when I play football.

I feel **happiness** when I play football.

-ly

When we add the suffix -ly to a root word, it changes the root word from an adjective (a describing word which describes a noun) to an adverb (a describing word which describes a verb). There are some rules that we need to follow when adding -ly. We may need to double the final consonant when there is a short vowel sound before it.

For example:

I was very **careful** when I cut my sandwich.

I cut my sandwich **carefully**.

Activities:

In this pack there is a range of words containing these suffixes. These have sound buttons on to help you decode them. Try using these in some sentences to get used to saying them and writing them. There are also some activity sheets to have a go at!

Story Writing Challenge



Have a go at writing a story using the picture about as your prompt.

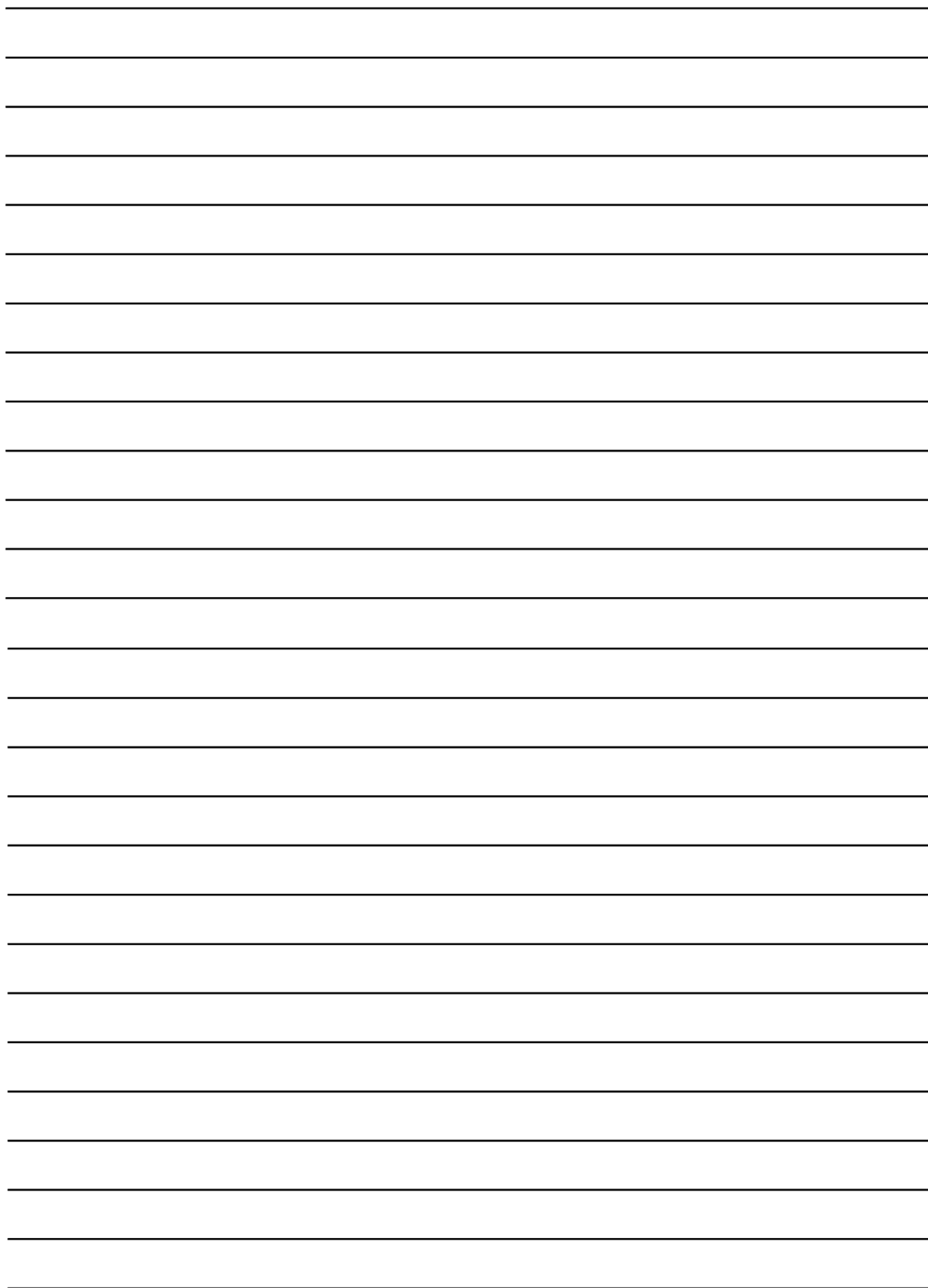
Success Criteria - you need to include the criteria below to ensure you are doing your very best work!

You should always use your very best handwriting in every piece of work you do. Remember to take your time to form each letter correctly and use small finger spaces in between each word.

LEVEL UP

If you want to add even more detail to your story you might want to include...

- Suffixes such as -ly, -ment, -ed.
- Apostrophes for possession, e.g., the swimmer's goggles.
- Time adverbials to set the scene of your story, such as 'when I woke up', 'in the morning', 'as the sun went down'.



Story Writing Challenge



Have a go at writing a story using the picture about as your prompt.

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Story Writing Challenge



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Raspberry and apple smoothie

By [Liberty Mendez](#)

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⌚ Prep: 5 mins 🍴 Easy 🍷 Makes 4 (150ml)

Whip up a breakfast smoothie with raspberries, apples, yogurt and oats. It's a great way to start the day and up your fruit intake



🌱 Vegetarian

Ingredients

2 [apples](#) , cored (we used Granny Smith)

150g [frozen raspberries](#)

150ml [natural yogurt](#)

2 tbsp [porridge oats](#)

½ [lemon](#) , juiced

100ml [milk](#)

Method

STEP 1

Tip all ingredients into a [blender](#) or smoothie maker and blitz until smooth, adding 50ml water or milk if it's too thick.

Have a go at following the recipe above, make sure you have measured out the ingredients properly! Once you have had a go at making a raspberry and apple smoothie, you might want to experiment with fruits and vegetables that you have tried in our food tasting lesson earlier in the week!

Be careful when preparing your fruits and vegetables, and make sure an adult is supervising you if you are using kitchen equipment such as knives, peelers or blenders.

Please send us a photo of your finished smoothie and what you thought of the flavour!

Have fun!

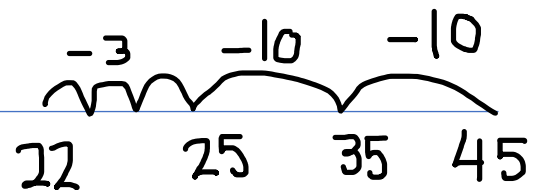
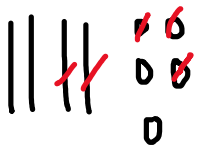
Maths Subtraction

Recently in maths, we have been revisiting our calculations so that we can continue to build up our fluency. When solving subtraction problems, we have 3 methods we can use (there are also other ways):

1. We can use concrete resources to help us, such as dienes.
2. We can use a jotting to help us. We could draw dienes and cross out what we are taking away
3. We could use a number.

For example:

$$45 - 23 = 22$$



Some of you may also decide to use this method. This method leads onto us using more mental methods to solve the problems.

$$45 - 23 = 22$$

$$45 - 20 = 25$$

$$25 - 3 = 22$$

Tip- When our calculations start to get more complicated, our jottings method won't always work as we may not have enough ones to take away. In this case, you will need to select another method!

Have a go at the calculations below and choose the ones you feel most comfortable with.



$53-11=$

$46-31=$

$67-41=$

$66-51=$

$76-31=$

37-24



48-32

56-35

67-43

59-38=

$43-25=$



$42-34=$

$54-38=$

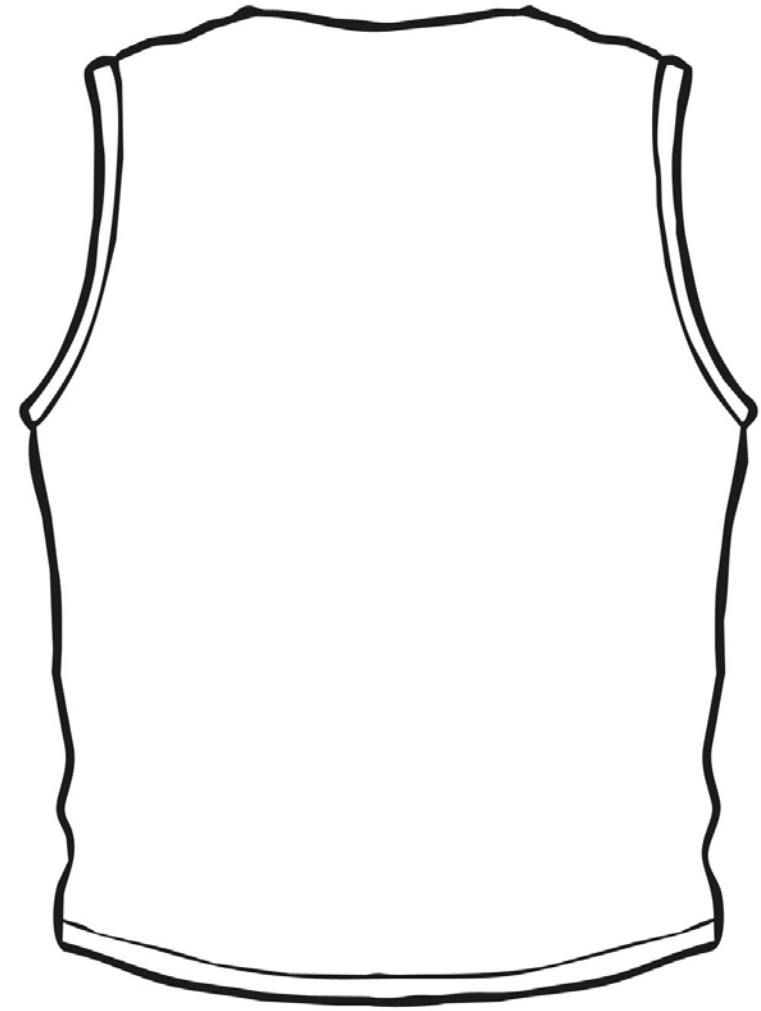
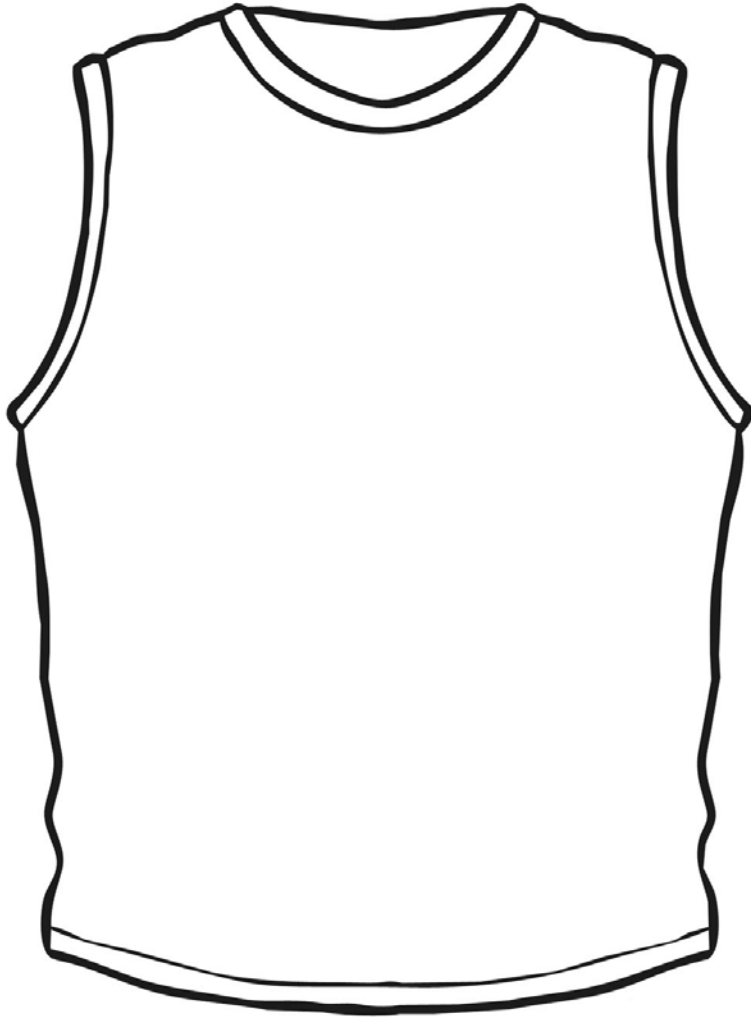
$62-49=$

$72-55=$

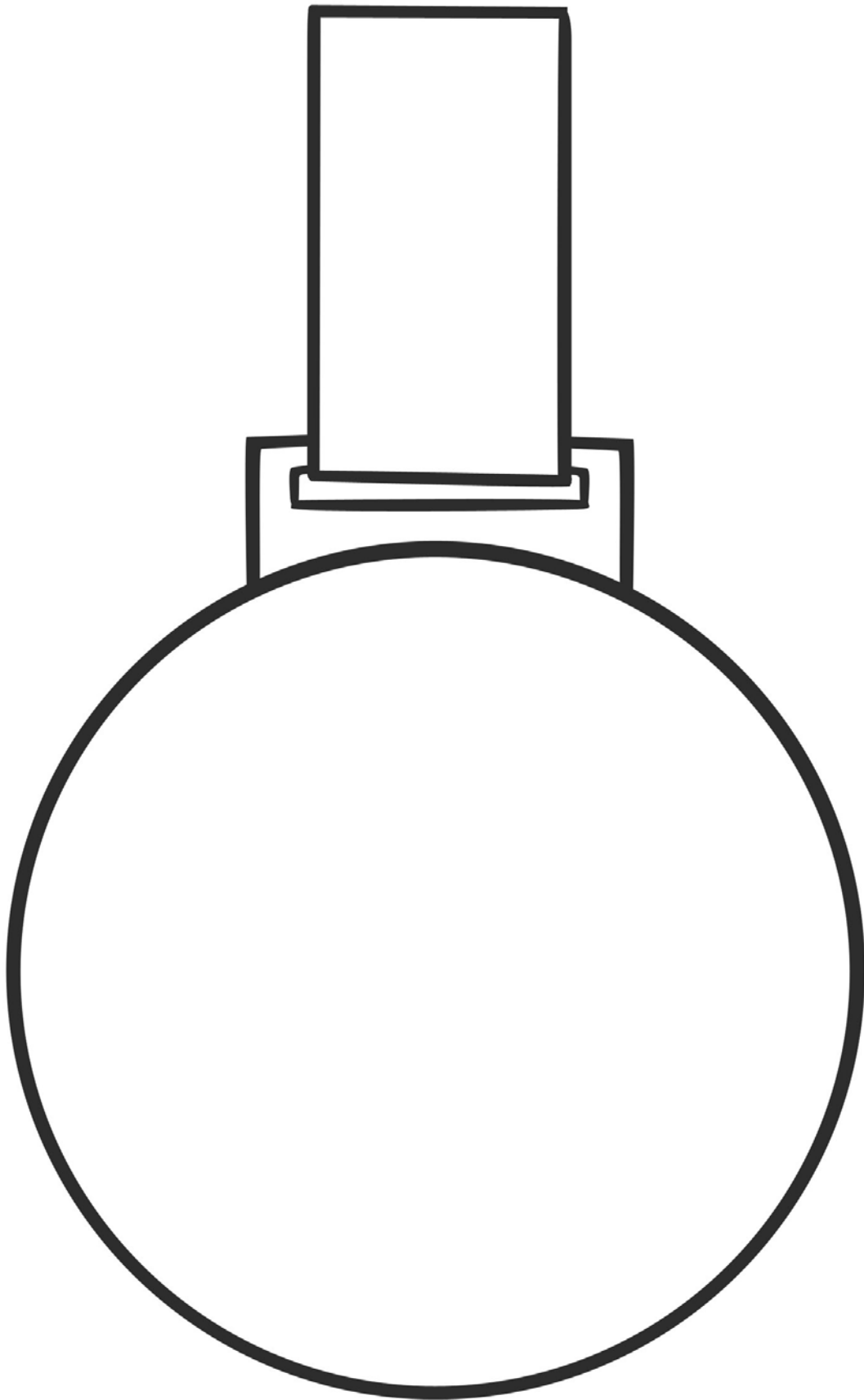


Design an Olympic Kit

The athletes representing your country at the Olympics will want to feel proud of a stylishly designed kit which reflects the national colours or symbols. Have a look at the designs which have been used at previous Olympic Games and see what you can come up with!



Design a Medal



Usain Bolt



a l i g h t e n i n g m
r t r s q r s p r v l e
a b h o r b e n e e i d
n n o l y m p i c s w a
s o f t e b r i o o s l
p j f a s t b p r r p i
a i o j b l e l d d r s
r h b g o l d a q u i t
c a r i b b e a n b n o
n e g f d e o h a o t o
j a m a i c a l t z e f
s e p t d m s m t o r h



Jamaica
athlete
Olympics
world

record
gold
medalist
Caribbean

fast
sprinter
Lightening
Bolt





Usain Bolt answers

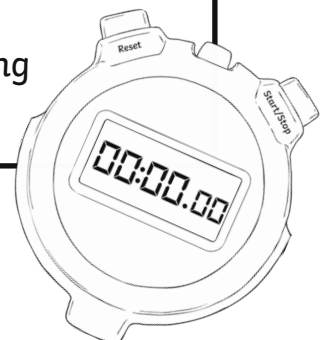
a l i g h t e n i n g m
 r t r s q r s p r v l e
 a b h o r b e n e e i d
 n n o l y m p i c s w a
 s o f t e b r i o o s t
 p j f a s t b p r r p t
 a i o j b l e l d d r s
 r h b g o l d a q u i t t
 c a r i b b e a n b n o
 n e g f d e o h a o t o
 j a m a i c a l t z e f
 s e p t d m s m t o r h



Jamaica
 athlete
 Olympics
 world

record
 gold
 medalist
 Caribbean

fast
 sprinter
 Lightning
 Bolt



Usain Bolt



c h a m p i o n s h i p
a t h l e t h i c s l l
r o l y m p i c s k i i
i r l n g l t c n i p g
b e i j i n g i l n s h
b c f a s t s p o g p t
e o o m b l t l n s r e
a r g a w o r l d t i n
n d o i b b l a o o n i
n e l c d e o t n n t n
m e d a l i s t t z e g
r i o d e j a n e i r o



Jamaica
Kingston
athletics
Olympics
world
record

gold
medalist
Caribbean
fast
sprinter
Lightening

Bolt
championship
Beijing
London
Rio de Janeiro





Usain Bolt answers

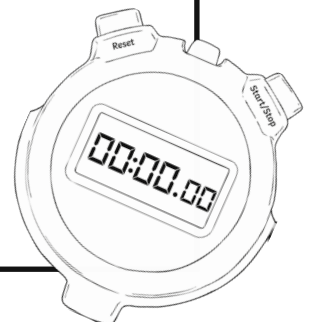
c h a m p i o n s h i p
 a t h l e t h i c s l l
 r o l y m p i c s k i i
 l r l n g l t c n i p g
 b e i j i n g i l n s h
 b c f a s t s p o g p t
 e o o m b l t l n s r e
 a r g a w o r l d t l n
 n d o l b b l a o o n l
 n e l c d e o t n n t n
 m e d a l i s t t z e g
 r i o d e j a n e i r o



Jamaica
 Kingston
 athletics
 Olympics
 world
 record

gold
 medalist
 Caribbean
 fast
 sprinter
 Lightning

Bolt
 championship
 Beijing
 London
 Rio de Janeiro





statement

refreshment

disappointment

engagement

development

placement

amazement

judgement

replacement

punishment

enlargement

entertainment

achievement

agreement

enjoyment

treatment

shipment

measurement

amusement

payment

slowly

lovely

quickly

sadly

strangely

coldly

cleverly

brightly

shyly

quietly

sweetly

softly

cleanly

wisely

rudely

loudly

firstly

bravely

nicely

safely

ill**ness**

quiet**ness**

fat**ness**

close**ness**

kindness

freshness

rudeness

sadness

boldness

wetness

darkness

goodness

tight**ness**

shy**ness**

bald**ness**

awkward**ness**

helpful**ness**

aware**ness**

calm**ness**

fit**ness**