

PSHCE

Curriculum Knowledge and Skills Progression Document

PSHCE at Alvaston Infant and Nursery School

This document shows the progression of our teaching and learning of PSHCE throughout Alvaston Infant and Nursery School. It has been informed by the suggested learning objectives from the PSHCE Association as well as being tailored to meet the needs and aspirations of the children at our school. Whilst some objectives may present themselves in EYFS, Year 1 and Year 2, we believe it is important to revisit these objectives so that they are best prepared for the world around them. 3 key strands of learning have been created with key concepts progressing throughout the school. These are as following:

Discovery- this includes the concepts of understanding ourselves, relationships (including healthy and unhealthy relationships), friendships, managing hurtful behaviour, bullying and understanding emotions

Self-Care- this includes learning about leading a healthy lifestyle through physical and mental health, actions and consequences, drugs, alcohol and other substances and safe relationships

Wider World- this includes learning about being a citizen of our world, communities, shared responsibilities, money and economic wellbeing and aspirations

As the children begin to 'discover' more, they learn the importance of how this links to 'Self-Care' and the 'Wider World'.

This document has been broken down to consider all of the necessary steps for the children to embark on before they reach success. Therefore, multiple objectives may be covered in one lesson.

Early Years Foundation Stage

In order to meet the intent of our school curriculum and the statutory framework for the Early Years Foundation Stage, this document draws upon the Birth to 5 matters and our own devised intended curriculum for EYFS. Within each concept category, leaders have ensured that self-regulation, managing self, building relationships, people culture and communities and the natural world have been incorporated into this document. Whilst we have separated this into Nursery and Reception, we understand that in the early years this is a fluid document and parts may overlap/ need to be revisited.

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Nursery

<u>Discovery</u>	<u>Self-Care</u>	<u>Wider World</u>
<ul style="list-style-type: none"> • I can express my own preferences, needs and interests • I can build relationships with people, but I might show anxiety in the presence of strangers • I am more able to separate from my close carer • I understand that we are all different. E.g. different views, ideas and needs • I can respond to others' needs e.g. turning a book to face you so that you can see it • I can cooperate positively in different and understand boundaries e.g. putting the toys away when asked • I can play with others and suggest ideas • I recognise kind and unkind behaviour • I am aware of makes me, me e.g. my name and how I look • I can talk about special people • I can recognise some feelings of emotion when shown by others • I can recognise self-aware emotions e.g. pride, happiness • I am aware of some of the Alvaston Attitudes • I can listen and respond to others in a small group discussion • I am able to explore or try out a new activity with adult support • I am beginning to self-regulate and remain calm when my needs are not immediately met e.g. asking for help or wanting to show the teacher something • I can show some resilience e.g. when waiting for my turn when I am not chosen or when something I ask for is not given • I am beginning to recognise kind and unkind behaviours • 	<ul style="list-style-type: none"> • I can seek help from a familiar adult for comfort when in need • I can • I understand that some actions harm others and I try to stop myself • I can show some independence in self-care e.g. washing my hands and understanding why this is important • I can say when I need the toilet • I can take simple items of clothing on and off e.g. unzip jackets and take off hats • I can spot when something is dangerous and I can ask someone to help me • I can communicate my needs using actions and words e.g. say when I am hungry, full up, tired etc • I can name and identify different parts of my body • I can my behaviour in different situations e.g. knowing when to talk freely and when to put my hand up • I can name three people who help to keep me safe • I understand that tools need to be used safely and can demonstrate an understanding of this some of the time • I have a consistent daily pattern in relation to eating, toileting and sleeping • I can put my arms and legs into items of clothing and I can zip up zippers • I can approach a familiar adult when upset, excited or when I want to play • I am beginning to know that different people around me have different jobs and some people help to keep me safe e.g. Fire Fighter and Police Officer • I can say if I want my individual photograph taken and I can say if I give permission for it to be shared on Class Dojo. This is called consent. 	<ul style="list-style-type: none"> • I can say who is in my family and I am starting to recognise that families might be different • I can show an understanding of an event of experience that I have been part of e.g. acting out a birthday in the role play area • I know that the world around me is special and I begin to know ways in which I can help to take care of it • I know that different people have different roles and jobs and I am beginning to understand that all jobs and roles are important • I am developing an awareness of what an aspiration is and I am beginning to talk about my own aspirations

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Reception

<u>Discovery</u>	<u>Self-Care</u>	<u>Wider World</u>
<p>*Revisit above if needed</p> <ul style="list-style-type: none"> • I understand the importance of being kind and know how this helps to develop a relationship (link) with another person • I can copy some social phrases that I have learned from an adult • I can say when something is not right and communicate when I want something done in a certain way • I can make compromises with my friends • I can ask for help if I get into conflict • I can play alone, and with others, join others or invite others to join with my play e.g. shall we play mums and dads? • I start to form special friendships • I can use what I know about someone else's needs to respond flexibly and cooperate e.g. playing with a toy and a younger child wants to play with it • I am aware that some people may not get along and they may have falling outs. • I can start to resolve conflicts by myself or ask an adult to help me • I can attempt to repair a relationship or situation where I have caused upset. • I understand how my actions have an impact on other people • I know some strategies that help me in difficult situations e.g. breathing, taking myself away or asking a teacher • I can tell an adult what I need and why • I can say who is special to me and say why • I can show an awareness of how others are feeling and I can attempt to help them • I can begin to recognise my own feelings • I can name and talk about the Alvaston Attitudes 	<ul style="list-style-type: none"> • I am aware of what I want and need and I can reject help to persist with a task • I can show some problem-solving qualities e.g. getting another pen if theirs doesn't work • I know people who keep me safe and I can explain what I would do if I feel unsafe • I know what I need to do to look after my body e.g. wash my hands, go to the toilet and brush my teeth • I understand why eating, toileting and sleeping at certain times is important • I can have more control over my bowel and bladder movements and can independently use the toilet most of the time • I know what household items are safe for me to use • I know what a medicine is and how this can help me e.g. using a plaster or having Calpol • I know what to do if I get lost • I know about personal safety and the PANTS rule • I know that I should eat a balanced diet • I can recognise when I am feeling unwell by identifying changes in my body • I have a consistent daily pattern in relation to eating, toileting and sleeping and I can explain why this is important • I have an awareness that exercise, food, sleep, rest, relaxation and 'fun times' help to keep me healthy. can talk about some ways in which I 	<ul style="list-style-type: none"> • I can talk about how families may be different (Protected Characteristics- LGBT+/Race/ Religion) • I can talk about different places that I belong to (protected characteristics sex, race, religion) • I know that I 'belong' to certain groups e.g. family, school, rainbows, church and I can talk about rules and routines within these places. (British Values- Mutual Respect) • I can remember and share events that I have been part of e.g. sharing a birthday celebration and I am beginning to know that people in the world have things in common • I can understand that different people perform different rules e.g. roles within my family, within my setting or roles and jobs that people have within the community- refuse collector, gardener etc. Men and women can do any job that they want (Protected Characteristic- Sex) • I can show care and concern for living things in the environment (e.g., wanting to feed the class bunny, being careful around an insect so it doesn't get hurt- this can be done through role play) • I am beginning to understand that people might get paid for doing a job and I know what some people use money for • I know that I have choices that I can make in my life (British Values- Individual Liberty).

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<ul style="list-style-type: none"> • I am beginning to contribute my ideas in larger groups • I can answer simple questions about myself including what I like and dislike • I am beginning to reflect on my feelings, thoughts and actions • I know that a relationship is a link between someone or something • I know it is important to be kind to build positive relationships with others and I can give example of how I can be kind • I know that forgiveness is no longer feeling upset with somebody for the wrong choice they have made • I know that saying sorry and not repeating an action makes me a better person • I am beginning to understand that bullying is when someone is repeatedly unkind to me or someone else and I know what I can do if I, or someone I know, is being bullied • I can talk about changes in my life and how these make me feel • I can make compromises in social situations e.g. sharing my toy after a few minutes • I can take into account others' needs, feelings and ideas and can show some empathy • I know that some behaviours have consequences (British Values- Rule of Law) • I can share things with others that are special to me and I am beginning to recognise similarities and differences between myself and others e.g. family, community, appearance and interests (Protected Characteristic – Race and Religion) • I know that our brains and bodies do not all work in the same ways and that we all need different things from time to time. (Protected Characteristic – Disability) • I know that living things grow and die and I can recognise some emotions that are associate with this event e.g. a pet dying • I can talk about changes in my life and how they makes me feel 	<p>can keep a healthy body and a healthy mind e.g. healthy eating and sleeping</p> <ul style="list-style-type: none"> • I am beginning to assess risks in different contexts e.g. road safety, sun safety and fire safety and I can find safe places to play • I can show awareness of how to keep myself safe and I can take some responsible risks with support e.g. climbing a ladder with teacher below, even if I am apprehensive • I can identify danger for other people and give them warning • I can move things safely • I can recognise and name the private parts using the terms penis, testicles, vagina, vulva, breasts • I know how my body has changes since I was a baby • I know that some touches are good and some touches are bad and I talk about them as yes and no touches • I understand the need to tell a trusted adult if I have been touched in a 'no' or 'not sure' way • I am able to recognize what a secret is • I understand that I need to tell a trusted adult if I have been asked to keep a secret that makes me feel sad, frightened or angry • I know that I have the right to speak out if I feel not sure about something that has been said or something that has happened to me (protected characteristic- age- rights of the child) • I understand that an adult should be near, when I am using an online device. • I understand that if I see something that they don't like, they should tell an adult they trust. • I know that children have rights (link to British Values- Rule of Law). 	
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<ul style="list-style-type: none"> • I can talk about ways that I can make myself feel better and remain calm e.g. I can get a hug • I can talk about what I can do well and what I would like to get better at • I can persevere at an activity even when I find it difficult • I am developing an understanding of fairness and what is right and wrong • I know that when people get older, they might choose to get married because they have formed a special link and love each other. • I know that some people might choose not to get married. 		
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Year 1

<u>Discovery</u>	<u>Self-Care</u>	<u>Wider World</u>
<p>I know about different feelings that humans can experience. I know that a relationship is a 'link' between someone or something and can talk about who I have good relationships with.</p> <p>I know that not all relationships are positive. I know that some relationships can be healthy and some can be unhealthy</p> <p>I know some ways in which relationships can repaired and can suggest these.</p> <p>R1. I know about the roles that different people (e.g. acquaintances, friends and relatives) play in our lives.</p> <p>R2. I can identify the people who love and care for me and what they do to help me feel cared for.</p> <p>R3. I know about different types of families, including those that may be different to my own. (British Values- Mutual Respect) (Protected characteristics- Marriage and LGBT+, Race, Religion).</p> <p>R4. I can identify common features of family life.</p>	<p>H1. I know about what keeping healthy means; different ways to keep healthy.</p> <p>H5. I know simple hygiene routines that can stop germs from spreading.</p> <p>H6. I know that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy.</p> <p>H7. I know about dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health.</p> <p>H10. I know about the people who help us to stay physically healthy.</p> <p>I am beginning to know how feelings can affect people's bodies and how they behave.</p> <p>I can communicate my feelings in a variety of different ways</p> <p>I can suggest a variety of ways that support people to have a healthy mind</p>	<p>I know that in Britain, we have a King who rules the country. I know that the government is a group of people who are work for the King to make decisions about laws in our country (British Values- Democracy)</p> <p>I know that some rules are called laws and we have to live by the law.(British Values- Rule of Law)</p> <p>I know that in school, I can vote to make things better. (British Values- Democracy)</p> <p>I can talk about things that I have voted for and know thaty this is called democracy (British Values- Democracy)</p> <p>I know that the school council take our views forward to the head teacher. (British Values- Democracy)</p> <p>I know that when I am an adult, I will be able to vote. (British Values- Democracy)</p> <p>I know what responsibilities I have in school.</p>

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<p>I know that some relationships change and can talk about feelings related to that change.</p> <p>I can name the Alvaston Attitudes and I can give some examples of how I use these skills.</p> <p>I can listen to other people and play and work cooperatively.</p> <p>I can talk about and share my opinions on things that matter to me.</p> <p>I know how to make a new friend.</p> <p>I can talk about some of the ways I can be a good friend.</p> <p>I am aware of some 'friend-making phrases'.</p> <p>I am beginning to solve simple disagreements between myself and my friends with more independence (using model or a script).</p> <p>H21. I can recognise what makes me special.</p> <p>H22. I can recognise the ways in which are all unique.</p> <p>H23. I can recognise what I am good at, what I like and dislike (Protected Characteristics- Sex).</p> <p>R23. I can recognise the ways in which I am the same and different to others.</p> <p>R21. I know what kind and unkind behaviour is, and how this can affect others.</p> <p>I know that bullying is when someone is repeatedly unkind to me or someone else.</p> <p>I can distinguish between what is bullying and what is unkind behaviour.</p> <p>R24. I know how to listen to other people and play and work cooperatively.</p> <p>R25. I can talk about and share my opinions on things that matter to me.</p> <p>L14. I know that everyone has different strengths</p> <p>I know that I have the right to think and believe what I want to and the importance of listening to others when they think differently to me.</p> <p>I know that it is important not to force others to think the same as me.</p>	<p>I can talk with more confidence about things that I can do to manage big feelings which may help me to calm down/ change my mood</p> <p>I am beginning to recognise when I need help with feelings; that it is important to ask for help with feelings; and how to ask for it.</p> <p>H25. I can name and label the main parts of the body including external genitalia (vulva, vagina, penis, testicles).</p> <p>R13. I can recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private.</p> <p>H27. I know about preparing to move to a new class / year group.</p> <p>H33. I know ways to keep safe in familiar and unfamiliar environments (E.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely.</p> <p>H35. I know what to do in an accident and someone is hurt.</p> <p>R5. I know that it is important to tell someone (such as my teacher) if something about my family makes me unhappy or worried.</p> <p>H36. I know how to get help in an emergency (how to dial 999 and what to say).</p> <p>H34. I know the basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if I come across something that scares me.</p> <p>H37. I know about things that people can put into their body or on their skin; how these can affect how people feel.</p> <p>R15. I know how to respond safely to adults that I don't know.</p> <p>R20. I know what to do if I feel unsafe or worried for myself or others (both in person and online); who to ask for help and vocabulary to use when asking for help; importance of keeping trying until I am heard.</p>	<p>I am beginning to know what British values are and why they are important.</p> <p>L2. I know how people and other living things have different needs; about the responsibilities of caring for them.</p> <p>L3. I know about things that I can do to help look after the environment.</p> <p>L6. I can recognise the ways in which I am the same as, and different to, other people, from different races and religions. (Protected characteristics- Religion and Race).</p> <p>I know that sometimes, people are treated unfairly or unkindly because of the colour of their skin and that this is called racism and this is wrong (Protected Characteristic- Race)</p> <p>I know that sometimes people are treated unfairly or unkindly because of their religion and this is wrong (Protected Characteristic- Religion)</p> <p>L4. I can talk about the different groups that I belong to and can respect that others may choose to attend different groups to me (British Values- Individual Liberty and Protected Characteristics- Race, religion)</p> <p>I know that a community is a group of people who are grouped by the same interests or same features e.g. where they live.</p> <p>I can begin to talk about my own community.</p> <p>I know some of the roles people have in my community.</p> <p>I can recognise and value similarities and differences between my own and another community and I show respect when discussing this (e.g. Normanton for a contrasting community) (British Values- Individual Liberty and Protected Characteristics- Race, religion).</p> <p>I understand that some actions have consequences and we have rules that we have to follow in life e.g. at home, at school. (British Values- Rule of Law)</p>
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	<p>I can independently say what some of my rights are and I know how to act if these are aren't being followed. .(British Values- Rule of Law) (Protected Characteristics- Age)</p> <p>I understand that there are rules that we need to follow to keep us safe. .(British Values- Rule of Law)</p> <p>I can contribute to develop class promises or rules. .(British Values- Rule of Law)</p> <p>I can say what some of my rights are and I can talk about who may help them if a right is taken away (protected characteristics- age)</p> <p>L5. I know about the different roles and responsibilities people have in my community to help me (and others) to keep safe.</p> <p>I know how my responsibilities are different to those who care for me.</p> <p>I can talk about what to do if I or someone I know is being bullied.</p> <p>L7. I know about how the internet and digital devices can be used safely to find things out and to communicate with others.</p> <p>I can begin to know and understand that some things on the internet are not true.</p> <p>R22: I know how to treat myself and others with respect; how to be polite and courteous.</p>	<p>I know that everybody should offered choices but these must be within reason (British Values- Individual Liberty)</p> <p>I know that when there is not a choice, there should always be a reason e.g. walking in the corridors helps to keep us safe (British Values- Individual Liberty)</p> <p>I can make some sensible suggestions about what the consequences should be for making a wrong choice.(British Values- Rule of Law)</p> <p>I am beginning to understand that everybody has the 'right' to be treated fairly (Protected Characteristics- All).</p> <p>H26. I know about growing and changing from young to old and how people's needs change.</p> <p>I know that when a mummy has a baby, their body will change and that sometimes they are treated unfairly because we need to take extra care of them. (Protected characteristic – pregnancy).</p> <p>L10. I know what money is; forms that money comes in; that money comes from different sources.</p> <p>L11. I know that people make different choices about how to save and spend money.</p> <p>L12. I know the difference between needs and wants; that sometimes people may not always be able to have the things that they want.</p> <p>L13. I know that money needs to be looked after; different ways of doing this.</p> <p>I know that different people have different jobs and that they are all important.</p> <p>I know that men and women can do any job but in the past this was not always allowed (Protected Characteristics- Sex)</p> <p>I know that jobs help people to earn money to pay for things.</p>
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		<p>I know what an aspiration is and I am able to talk about my own aspirations.</p> <p>I know that in the past children were expected to work to get money for their families- this is now illegal (Protected Characteristics- Age)</p> <p>I know it is illegal to say that you are too young to do a job, when you are an adult (Protected Characteristics- age).</p> <p>I can give my opinion on this and know why there are now laws in place to protect children.</p> <p>I know that some people may be disabled in body or in mind and that disabled people have the right to be treated fairly and this could be done through putting in extra help or support (protected characteristics- disability).</p>
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Year 2

<u>Discovery</u>	<u>Self-Care</u>	<u>Wider World</u>
<p>H11. I know about different feelings that humans can experience.</p> <p>H12. I know how to recognise and name different feelings.</p> <p>H14. I know how to recognise what others might be feeling.</p> <p>H15. I can recognise that not everyone feels the same at the same time, or feels the same about the same things.</p> <p>H16. I know about ways of sharing feelings; a range of words to describe feelings.</p> <p>R6. I know how people make friends and what makes a good friendship.</p> <p>R7. I know how to recognise when I or someone else feels lonely and what to do.</p> <p>R8. I know simple strategies to resolve arguments between friends positively</p> <p>R10. I know that bodies and feelings can be hurt by words and actions; that people can say hurtful things online.</p> <p>R11. I know how people may feel if they experience hurtful behaviour or bullying.</p>	<p>H1. I know about what keeping healthy means; different ways to keep healthy.</p> <p>H2. I know about foods that support good health and the risks of eating too much sugar.</p> <p>H3. I know how physical activity helps us to stay healthy; and ways to be physically active every day.</p> <p>H4. I know why sleep is important and different ways to rest and relax,</p> <p>H8. I know how to keep safe in the sun and protect skin from sun damage.</p> <p>H9. I know about different ways to learn and play; recognizing the importance of knowing when to take a break from time online or TV.</p> <p>H13. I know how feelings can affect people's bodies and how they behave.</p> <p>H17. I know about things that help people feel good (e.g. playing outside, doing things they enjoy, spending time with family, getting enough sleep).</p>	<p>I have an understanding of democracy and knowing how my voice can be heard in school (British Values- Democracy).</p> <p>I understand that we can vote for different things, and I can give examples of things I have voted for.</p> <p>I know that a Member of Parliament is someone who represents the majority of people's ideas in an area. This person has received the most votes.</p> <p>I know that groups of Members of Parliament who represent the same ideas in the government are called parties.</p> <p>I know that an election is when people vote for who they want in government.</p>

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<p>R21. I know what is kind and unkind behaviour, and how this can affect others.</p> <p>R22. I know how to treat myself and others with respect; how to be polite and courteous.</p> <p>R24. I know how to listen to other people and to play and work cooperatively.</p> <p>I am beginning to show how the Alvaston attitudes can impact positively on my behaviour, thoughts and actions.</p> <p>I understand that relationships change and that when people get older two may form a romantic relationship and they may kiss to show their love.</p> <p>I know that when I am older, I may choose to kiss whoever I like, if they give permission (protected characteristics LGBT+)</p> <p>I know that children at a young age should be not kissing in school, and I should only kiss family members that I feel comfortable to kiss</p> <p>I know that some people may choose to get married to show their love, but some people may choose not to get married and still show their love to each other.</p> <p>R25. I know how to talk about and share my opinions on things that matter to me.</p> <p>I know what a debate is and I am beginning to share my opinions and I know these may change.</p> <p>I can give examples of healthy and unhealthy relationships.</p>	<p>H18. I know different things that I can do to manage big feelings, to help calm myself down and / or change my mood when I don't feel good.</p> <p>H19. I can recognise when I need help with feelings; that it is important to ask for help with feelings; and how to ask for it.</p> <p>H20. I know about change and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better.</p> <p>H27. I know about preparing to move to a new class / year / school. <i>I can adapt to change and new situations (E.g. moving class).</i></p> <p>R9. I know how to ask for help if a friendship is making me feel unhappy.</p> <p>R12. I know that hurtful behaviour (offline and online) including teasing, name calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult.</p> <p>R19. I know the basic techniques for resisting pressure to do something that I don't want to do and which may make me unsafe.</p> <p>R20. I know what to do if I feel unsafe or worried for myself or others (<i>both online and in person</i>); who to ask for help and vocabulary to use when asking for help; importance of keeping trying until I am heard.</p> <p>H30. I know about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters).</p> <p>H31. I know that household products (including medicines) can be harmful if not used correctly.</p> <p>H32. I know ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely.</p> <p>H6. I know that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy.</p> <p>H37. I know about things that people can put into their body or on their skin; how these can affect how people feel.</p> <p><i>I can name commonly used medicines for children E.g. Calpol.</i></p> <p><i>I understand and can talk about the 'rights' I have as a child.</i></p>	<p>I know that whilst age is a protected characteristic, I am unable to vote in a general election because I have not yet become an adult or finished my education.</p> <p>I understand that I am too young to do a paid job but I might earn pocket money from doing jobs.</p> <p>I know that we all have choices but there are certain jobs/tasks that must be completed to comply with rules and law (British Values- Individual Liberty and Rule of Law).</p> <p>I know that women are sometimes treated differently to men e.g. pay inequality (protected characteristics- sex).</p> <p>I know how things have changed through time with the rights of women. (protected characteristics- sex).</p> <p>I understand that when the law is broken, my individual liberty may be restricted (e.g. going to prison).</p> <p>I can talk about how we can show respect in different ways e.g. washing hands/ covering hair in a mosque (British Values- Mutual Respect).</p> <p>I show an awareness of the word discrimination and I can suggest some ways that I might respond to this (protected characteristics- all).</p> <p>I know that some people may be disabled in body or in mind and that disabled people have the right to be treated fairly and this could be done through putting in extra help or support (reference to equality and equity) (protected characteristics- disability).</p> <p>I am beginning to understand the term equity and equality and how these are different.</p> <p>L8. I know about the role of the internet in everyday life.</p>
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PSHCE

Curriculum Knowledge and Skills Progression Document

	<p>H29. I can recognise risk in simple everyday situations and what action to take to minimise harm.</p> <p>L1. I know what rules are, why they are needed, and why different rules are needed for different situations (recognising risk and keeping safe).</p> <p>I know that it is important to tell someone (such as my teacher) if something about my family makes me unhappy or worried (links to 'Rights' of the child).</p> <p>H28. I know about rules and age restrictions that keep us safe.</p> <p>H25. I can name the main parts of the body including external genitalia (vulva, vagina, penis, testicles).</p> <p>R16. I know how to respond if physical contact makes me feel uncomfortable or unsafe.</p> <p>R17. I know there are situations when I should ask for permission and also when my permission/ consent should be sought.</p> <p>R13. I can recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private.</p> <p>R18. I know about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually).</p> <p>L7. I know about how the internet and digital devices can be used safely to find things out and to communicate with others.</p> <p>H34. I know the basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if I come across something that scares me.</p> <p>R14. I know that sometimes people may behave differently online, including by pretending to be someone they are not.</p> <p>I know that sometimes, I may need to ask for help. Sometimes, I might need to give help to other people when it is the right place and right time (Protected characteristics- All)</p>	<p>L9. I know that not all information seen online is true.</p> <p>L15. I know that jobs help people to earn money to pay for things.</p> <p>L16. I know about different jobs that people I know or people who work in the community do.</p> <p>L17. I know about some of the strengths and interests someone might need to do different jobs.</p> <p>I understand that we all contribute to our community through our roles (E.g. volunteers) and jobs.</p>
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